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Idaho State University	
Where Do I Find Styles?	
Look for the following: • Heading • Normal • Paragraph • Text Style	
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- Consistency: Document styles ensure consistency in formatting throughout a document. When you apply a style to headings, paragraphs, lists, etc., they will have a uniform appearance, which enhances readability and makes the document look more professional.
- Efficiency: Styles allow you to format your document quickly and efficiently. Instead of manually adjusting font size, spacing, and other formatting attributes for each section, you can simply apply a predefined style. This saves time and effort, especially for longer documents.
- Accessibility: Using styles thoughtfully can improve accessibility for readers with visual impairments or who have other barriers that affect learning. For example, ensuring sufficient contrast between text and background colors, and using clear, readable fonts can make the document more accessible to all readers. It also makes documents compatible with screen readers.
- Scaffolding: Document styles help establish a visual hierarchy, making it easier for readers to navigate the content. For instance, you can use different styles for headings of varying levels to indicate their importance and relationship to each other.
- Clear Structure: Styles allow you to define different levels of headings (e.g., Heading 1, Heading 2, etc.) and other structural elements such as body text, block quotes, and lists. This creates a clear hierarchy within the document, making it easier for readers to understand the organization and flow of information.
- Consistency Across Platforms: Styles often have equivalent counterparts in different document formats. For example, the styles you define in a Microsoft Word document can typically be preserved when exporting or converting the document to formats like PDF, HTML, or rich text format (RTF). This ensures consistency in formatting regardless of the platform or software used to view the document.
 - Styles Transfer copy/export from Google the styles stay in Word export to PDF it is tagged









The UDL Guidelines Web Content Accessibility Guidelines (WCAG) 2.1



Instructional Design Research comes from many sources HCI Information Architecture Reading Cognitive Load Psychology Computer Science UI UX LXD Readbility



Slide 21



Lemarié, J., Lorch Jr, R. F., Eyrolle, H. & Virbel, J. (2008). SARA: A text-based and readerbased theory of signaling. Educational Psychologist, 43(1), 27–48. Lemarié, J., Lorch Jr, R. F. & Péry-Woodley, M.-P. (2012). Understanding how headings influence text processing. Discours, (10).



The three-step analysis proposed by the SARA theory involves a thorough analysis of 1) the signals and their characteristics; 2) the relationship of the information to the goals of the learner; and 3) the cognitive limitations of the learner (Lemarié, Lorch Jr, et al., 2008). The following seven characteristics provide a thorough analysis of the signals and their characteristics: 1) a demarcation in the structural boundaries; 2) the hierarchical organization; 3) the sequential organization; 4) a label; 5) the identification of the topic; 6) the function; and/or 7) an emphasis on a specific portion (p.140-141). These seven characteristics provide a mechanism to enable comparisons across the research on signals.







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- On the left, we can see "Course Technologies" is larger, in a heavier weight, and in a narrower font than the paragraph below.
- On the right, we can see that "Course Technologies" is a heading style, since it is surrounded by angle brackets and the h4 tag.
- Similarly, we can see that the words "Please make sure" is a paragraph, in a set of tags.
- Spanning from the second to third lines on the right, we can see that "General Technology" is an unordered list, with two list items. and tags.
- Finally, we can see that the other three headings on the left are all h5, with paragraphs.
- If we wanted to change the font in all the headings—perhaps to make it less narrow, for instance—we could change the style associated with headings and apply it to all of these at once. We wouldn't have to select each set of words individually and duplicate the work of swapping fonts and sizes.
- Because the two list items here are marked up as a "list" style, anyone who uses assistive technology will also hear that they are part of a list, rather than just hearing "bullet point" or something similar. If these were ordered lists, the indicator would automatically increment when you add another list item, and you could change all your lists to roman numerals, arabic numerals, or letters simultaneously if you'd like.