Poll Everywhere

Draeger, Hill, Hunter, and Mahler (2013) reported "everyone seemed to believe that they 'know it [rigor] when they see it,' but few felt confident in their ability to define it" (p. 269).

How do you know academic rigor when you see it?

#### Quality Matters Connect Conference 2019

# The Quality Matters White Paper Series: Academic Rigor

Dr. Andria F. Schwegler Associate Professor of Psychology



TEXAS A&M UNIVERSITY CENTRAL TEXAS.

# Learning Outcomes

- Distinguish between constructs typically confounded with academic rigor.
- Cite multiple types of evidence to document rigor.
- Identify revisions at your institution that are needed to better support rigor.



- Setting the Context
  - Current Notions of Academic Rigor
  - A Working Definition of Academic Rigor
    - Qualities
    - Location in the Higher Education Landscape
- Leveraging the QM White Papers for Institutional Change to Support Academic Rigor
  - Teaching Philosophies
  - Learning Context Assessment Practices
  - Observations of Teaching
  - Student Evaluations of Teaching
- Applying Concepts at Your Institution
- Improving the Definition, Process, and Research Support

- Academic rigor has a negative connotation (e.g., rigor mortis).
  - Wraga (2010)
- Academic rigor is widely used but hard to define.
  - Graham and Essex (2001)
  - Draeger, Hill, Hunter, Mahler (2013)
- There is no consensus on the definitions of academic rigor that do exist.
  - Hechinger Institute (2009)
- Academic rigor in higher education is assumed to exist even in the absence of evidence to document it.
  - Labaree (1997)
  - Whitaker (2016)

- Academic rigor as a negotiable standard is a threat to student learning.
  - Schnee (2008)
    - Students reported having weak academic preparation for college.
    - Teachers, with few resources to assist, reported lowering expectations for work.
  - Schutz, Drake, and Lessner (2013)
    - 44.5% of faculty members in a community college sample (N = 1,559) reported sometimes assigning grades higher than students actually earned.
  - Jaschik and Lederman (2018)
    - 57% of community college presidents agreed with the statement "I worry that some reforms encouraged as part of the 'completion agenda' may not result in increased learning."

- Definitions may confound teacher responsibilities with student responsibilities.
  - Teachers are responsible for creating conditions to support academic rigor.
  - Students are responsible for learning.
    - Academic rigor is not synonymous with student learning because student learning is influenced by multiple factors.
- Definitions may confound curriculum with course delivery.
  - Curriculum may be set collaboratively by program faculty and others.
    - Pushing higher level curriculum down to a lower level course is not academic rigor.
  - Course delivery is determined by individual faculty members.
    - Curriculum and/or student learning can be threatened by lack of "implementation fidelity" (Mathers, Finney, & Hathcoat, 2018, p. 1224)

- Subjective interpretations of effective learning are misleading.
  - Roediger and Karpicke (2006, p. 199)
    - "...people often do not voluntarily engage in difficult learning activities, even though such activities may improve learning."
  - Kornell and Bjork (2008, p. 591)
    - "...individuals responsible for the design and evaluation of instruction that involves induction are susceptible to being very misled by their own intuitions and subjective experiences."
  - Kornell and Bjork (2009)
    - Humans fail to predict how much their memory can change over time (i.e., stability bias).
  - Bjork and Bjork (2011)
    - "Desirable difficulties" facilitate learning.

### A Definition of Academic Rigor Needs To...

- Unconfound Teacher Responsibilities and Student Responsibilities
- Unconfound Curriculum and Course Delivery
- Avoid Subjective Interpretations to Reduce Bias via Grounding in Research
- Be Observable, Measurable, and Subject to Continuous Improvement
- Prioritize Student Learning

### Location of Academic Rigor



### A Working Definition of Academic Rigor

Academic Rigor is...

intentionally crafted and sequenced learning activities and interactions that are supported by research and provide students the opportunity to create and demonstrate their own understanding or interpretation of information and support it with evidence

- Institutional Processes May Need Revision to Align with Academic Rigor
  - Teaching Philosophies
  - Classroom Assessment Practices
  - Observations of Teaching
  - Student Evaluations of Teaching

#### Teaching Philosophies

- Typically idiosyncratic and anecdotal
- Commonly requested in job applications and promotion and tenure packets
  - 4. A section (organized with tabs and sub-tabs, as needed) related to the candidate's teaching at the University during the probationary period (or period under review). This section must include at least the following:
    - The candidate's statement on teaching (teaching philosophy)
    - A list of all classes taught, with commentary on new preps,
- But, with the emergence of empirical research on human learning and the scholarship of teaching and learning, we can replace philosophies with scholarly narratives documenting effective teaching practices.

#### References

- Braxton, J. M., Eimers, M. T., & Bayer, A. E. (1996). The implications of teaching norms for the improvement of undergraduate education. *Journal of Higher Education*, 67(6), 603-625.
- Conway, J. M., Amel, E. L., & Gerwien, D. P. (2009). Teaching and learning in the social context: A metaanalysis of service learning's effects on academic, personal, social, and citizenship outcomes. *Teaching of Psychology*, 36, 233-245.
- Craik, F. I. M, & Lockhart, R. S. (1972). Levels of processing: A framework for memory research. *Journal* of Verbal Learning and Verbal Behavior, 11(6), 671-684.
- Dringus, L. P. (2000). Toward active online learning: A dramatic shift in perspective for learners. Editorial. *The Internet and Higher Education*, 2(4), 189-195.
- Kluger, A. N., & DeNisi, A. (1996). The effects of feedback interventions on performance: A historical review, a meta-analysis, and a preliminary feedback intervention theory. *Psychological Bulletin*, 119(2), 254-284.

- Learning Context Assessment Practices
  - Administrator's "hypothetical" example of a course lacking rigor is a graduate course with only multiple choice exams.

iii Question							
All of the following behaviors are associated with the "Group Member" perspective of human nature	, EXCEPT						
Individuation							
Groupthink							
Bystander Intervention							
Social Loafing							

- What research supports this design?
  - Is Roediger & Karpicke's (2006) work on the testing effect sufficient?
- What types of evidence are students providing to demonstrate their understanding or interpretation of information?
  - Is "I clicked A" sufficient evidence?

#### Learning Context Assessment Practices

A "hypothetical" example of a graduate course with rigor (i.e., intentionally crafted and sequenced learning activities and interactions that are supported by research and provide students the opportunity to create and demonstrate their own understanding or interpretation of information and support it with evidence)

	Assignment	Number Due	Points Per	Points Total	Percentage	
Roediger & Karpicke (2006)	Class Participation	15	4	60	6.0	
	Module Quizzes	15	10	150	15.0	
Testing effect	Application Discussions & Replies	15	14	210	21.0	Donovan & Radosevich (1999)
	Research Article Analysis	5	40	200	20.0	
Taylor & Rohrer (2010)	Synthesis Essays (Midterm/Final)	2	75	150	15.0	Spaced practice
Interleaving content	Community Service Proposal					
interreaving content	Ideas	1	10	10	1.0	
	Research on Behavior	1	50	50	5.0	
Kluger & DeNisi (1996)	Research on Social Influence	1	50	50	5.0	Pan & Rickard (2018)
Task feedback	-> Proposal	1	50	50	5.0	
	Presentation	1	40	40	4.0	Transfer
	Presentation Peer Reviews	3	10	<u>30</u>	<u>3.0</u>	
				1000	100%	

- Learning Context Assessment Practices
  - Academic Rigor as a Continuum
    - Where do we need to be?
    - What evidence is relevant?
    - What evidence is missing but needed?
    - What is the impact on student learning?



 Reframes conversation from personal focus to task focus (i.e., research-based with measurable outcomes; see Kluger & DeNisi, 1996)

#### Observation of Faculty Teaching

- Need to distinguish teacher responsibilities from student responsibilities
- Course Syllabus:

#### UNIVERSITY RESOURCES, PROCEDURES, AND GUIDELINES

#### Drop Policy.

If you discover that you need to drop this class, you must complete a <u>Drop Request Form</u> [https://www.tamuct.edu/registrar/docs/Drop\_Request\_Form.pdf].

Professors cannot drop students; this is always the responsibility of the student.

#### Online Course Observation:

**Excellent Good Average Poor** 

Information from observation of students					
Students engage in opportunities for inquiry, dialogue, and discussion in class learning activities.	and discussion in class learning boards. Requiring students to go beyond		Students are engaged in discussion via Discussion boards. Requiring students to go beyond the commonly-observed post/respond, is a much more effective use of this format.		
Students are attentive and on task in class learning activities.			х	Four of the eleven students appear to be having some difficulty staying engaged in the class and submitting assignments on time.	

- Student Evaluations of Teaching
  - Do students understand what they are evaluating?
  - With no shared definition of academic rigor, what does this item mean?

```
1. This course was rigorous.
Strongly Agree (100.00%)
Agree (0.00%)
Neither Agree Nor Disagree (0.00%)
Disagree (0.00%)
Strongly Disagree (0.00%)
[ Total (5) ]
```

- Draeger, Hill, and Mahler (2015)
  - Students' definitions are based on workload and strict grading instead of higher-order thinking.
- Do students have the opportunity to create and demonstrate their own understanding or interpretation of information and support it with evidence?

- Student Evaluations of Teaching
  - Purpose 1 Indicator of teaching effectiveness
    - annual faculty evaluations
    - promotion and tenure
  - But, Uttl, White, and Gonzalez (2017)
    - Meta-analysis of multi-section studies that were adjusted for small study-size effects (i.e., studies with small samples require large coefficients to reach statistical significance) revealed no relationship between students' evaluations of teaching and student learning.
  - Is teaching effectiveness actually measured by ratings that are not related to student learning?

#### Student Evaluations of Teaching

Purpose 2 - Indirect measures of student learning for program assessment

	Indirect Measures: The	Does not meet	Slightly meets	Moderately meets	Meets	Ideally meets with no room for improvement	
i	outcomes include at least one indirect						
i	measure or evidence that is a proxy (less clear and less						
	convincing).						

- Are students' self-reports of their learning progress sufficient indicators of learning when they do not have to demonstrate any competence?
  - Kruger and Dunning (1999)
    - Dunning-Kruger Effect when individuals lack competence in a given skill, they also lack the ability to accurately evaluate their own lack of competence

- Student Evaluations of Teaching
  - Instead of assessing perceptions of learning, students can report on course design and delivery behaviors in the learning context that are associated with setting conditions for learning.
  - Items aligned with student learning may provide more useful information to evaluate teaching and improve the learning context for students.
    - "The instructor provided opportunities for students to create their own interpretation of information instead of telling students what to believe."
    - "Students were routinely expected to support their interpretations with evidence using course resources."

### Institutional Realignment

- Poll Everywhere
  - What institutional processes might need to be revised to better support academic rigor at your institution?

### A Working Definition of Academic Rigor

- Teacher Responsibilities are Distinct from Student Responsibilities
- Curriculum is Distinct from Course Delivery
- Grounding in Research Reduces Subjective Interpretations and Bias
- Academic Rigor Prioritizes Student Learning as the Purpose of Teaching
- A Teacher's Decisions Regarding Academic Rigor Can Be Observed, Measured, and Revised for Continuous Improvement
  - Multiple lines of evidence can be used to document rigor.
    - existing research on human learning
    - existing discipline-specific research on the scholarship of teaching and learning (SoTL)
  - A definition of rigor that is based on research facilitates new advances in SoTL research.
    - Hutchings, Huber, and Ciccone (2011)
      - Faculty members can test techniques in their own learning contexts.

### Improving the Definition, Process, & Research

- Make it better!
  - Apply the concepts in the QM White Papers
  - Determine the limits
  - Empirically test the techniques
  - Revise the definition and context
  - Share the results so we all learn



Quality Matters Connect Conference 2019

### Thank you for attending!

### Quality Matters White Paper Series: Academic Rigor

Dr. Andria F. Schwegler Schwegler@tamuct.edu



TEXAS A&M UNIVERSITY CENTRAL TEXAS.

### References

- Bjork, E. L., & Bjork, R. A. (2011). Making things hard on yourself, but in a good way: Creating desirable difficulties to enhance learning. In M. A. Gernsbacher, R. W. Pew, L. M. Hough, & J. R. Pomerantz (Eds.) *Psychology and the real world: Essays illustrating fundamental contributions to society* (pp. 56-64). New York, NY: Worth.
- Donovan, J. J., & Radosevich, D. J. (1999). A meta-analytic review of the distribution of practice effect: Now you see it, now you don't. *Journal of Applied Psychology, 84*(5), 795-805.
- Draeger, J., del Prado Hill P., Hunter, L. R., & Mahler, R. (2013). The anatomy of academic rigor: The story of one institutional journey. *Innovative Higher Education, 38*, 267-279.
- Draeger, J., del Prado Hill, P., & Mahler, R. (2015). Developing a student conception of academic rigor. *Innovative Higher Education, 40*(3), 215-228. doi: 10.1007/s1075 5-014-9308-1
- Graham, C., & Essex, C. (2001). Defining and ensuring academic rigor in online and on-campus courses: Instructor perspectives. *Annual Proceedings National Convention of the Association for Educational Communications and Technology, 1-2,* 330-337.
- Hechinger Institute. (2009). Understanding and reporting on academic rigor. Retrieved from http://hechinger.tc.columbia.edu/primers/Hechinger\_Institute\_Rigor\_Primer.pdf
- Hutchings, P. Huber, M. T., & Ciccone, A. (2011). *The scholarship of teaching and learning reconsidered: Institutional integration and impact*. San Francisco, CA: Jossey-Bass.
- Jaschik, S., & Lederman, D. (2018). 2018 survey of community college presidents: A study by Inside Higher Ed and Gallup. Retrieved from https://www.insidehighered.com/booklet/2018-survey-community-college-presidents
- Kornell, N., & Bjork, R. A. (2008). Learning concepts and categories: Is spacing the "enemy of induction"? *Psychological Science*, 19(6), 585-592.
- Kornell, N., & Bjork, R. A. (2009). A stability bias in human memory: Overestimating remembering and underestimating learning. *Journal of Experiemental Psychology: General, 138*(4), 449-468.

### References

- Kluger, A. N., & DeNisi, A. (1996). The effects of feedback interventions on performance: A historical review, a meta-analysis, and a preliminary feedback intervention theory. *Psychological Bulletin*, 119(2), 254-284.
- Kruger, J., & Dunning, D. (1999). Unskilled and unaware of it: How difficulties recognizing one's own incompetence lead to inflated self-assessments. Journal of Personality and Social Psychology, 77(6), 1121-1134.
- Labaree, D. F. (1997). Public goods, private goods: The American struggle over educational goals. American Educational Research Journal, 34(1), 39-81.
- Mathers, C. E., Finney, S. J., & Hathcoat, J. D. (2018). Student learning in higher education: A longitudinal analysis and faculty discussion. *Assessment & Evaluation in Higher Education, 43*(8), 1211-1227.
- Pan, S. C., & Rickard, T. C. (2018). Transfer of test-enhanced learning: Meta-analytic review and synthesis. *Psychological Bulletin, 144*(7), 710-756. doi: 10.1037/bul0000151
- Roediger, H. L., & Karpicke, J. D. (2006). The power of testing memory: Basic research and implications for educational practice. *Perspectives on Psychological Science*, *1*, 181-210. doi: 10.1111/j.1745-6916.2006.00012.x
- Schnee, E. (2008). "In the real world no one drops their standards for you": Academic rigor in a college worker education program. *Equity & Excellence in Education*, 41(1), 62-80. doi: 10.1080/10665680701764502
- Schutz, K. R., Drake, B. M., & Lessner, J. (2013). Do community college full-time and adjunct faculties differ in their perceptions of rigor in assigning grades? *American Journal of Educational Studies*, 6(2), 59-77.
- Taylor, K., & Rohrer, D. (2010). The effects of interleaved practice. *Applied Cognitive Psychology, 24*, 837-848.
- Uttl, B., White, C. A., & Gonzalez, D. W. (2017). Meta-analysis of faculty's teaching effectiveness: Student evaluation of teaching ratings and student learning are not related. *Studies in Educational Evaluation*, *54*, 22-42. doi: 10.1016/j.stueduc.2016.08.007
- Whitaker, M. (2016). (Re)defining academic rigor: From theory to praxis in college classrooms. Currents in Teaching & Learning, 8(1), 4-17.
- Wraga, W. G. (2010). What's the problem with a "rigorous academic curriculum"? Paper presented at the meeting of the Society of Professors of Education/American Educational Research Association, Denver, Colorado. Retrieved from <a href="https://eric.ed.gov/?id=ED509394">https://eric.ed.gov/?id=ED509394</a>