Yoga as a Metaphor for ID

ID = Instructional Design
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Yoga
What do metaphors do?
“Ladder of Team Development”


Judith Stein, “Using the Stages of Team Development,” Learning & Development, HR at MIT.
1) Community
How do we come together?
2) Integration
How do we get started?
3) Energy
How do we work?
Course Project

Three Phases

- Design (Course)
- Develop (Units)
- Document (Alignment)
Process > People
4) Opening
How do we do share?
5) Stability
How do we disagree?
Conflict?
6) Challenge
How do we deal with the difficult?
7) Lessons learned
How do we finish?
Namaste